

Anoka County Senior Expo 2009



FREE EVENT

**Open to senior citizens
and their families.**

**Ample parking and
handicapped accessible.**

ACTIVITIES

- Information booths
- Free pancake breakfast
- Blood pressure checks
- Mini massages
- Entertainment
- Health care directives

Celebrate Healthy Living

Place: Lord of Life Church

14501 Nowthen Blvd NW, Ramsey, MN

Date: Saturday, April 18, 2009

Time: 9 a.m. to noon

Sponsored by The Alliance for a Violence Free Anoka County & Anoka County Human Services

Questions? Please call Mary at 763-323-6042 or Cindy at 763-422-6972