

EDUCATION

When applying for education programs, ask about services you may need in order to participate (i.e., transportation or childcare). Many of these programs have funds to cover such costs, so it can pay to ask for what you need!

Adult Literacy Hotline 1-800-222-1990

www.MNliteracy.org/hotline For referrals to basic reading & math skills, Adult Basic Education, GED prep testing sites, ESL Classes, and computer classes. Refer for citizenship. Spanish speakers available. We have translators in over 200 languages.

Affordable Colleges Online www.affordablecollegesonline.org

An online guide that focuses on various on-campus, off-campus, and online resources that students can utilize to help make college affordable for them.

American Red Cross, Minnesota Region (612) 871-7676

www.redcross.org Nurse Assistant Training Program: CNA classes can help prepare you for a career in the medical industry. With an emphasis on academics and hands-on skills training, our CNA classes can help you gain the information you need to pass your state CNA exam and achieve a position working in healthcare. Students can expect to complete all in-class and clinical training, and be ready to take their state certification exams within 3-7 weeks of beginning the program.

Anoka County Library, Books by Mail (763) 324-1529

www.anokacountymn.gov Anoka County Library will mail books free of charge to residents who cannot get to their community library. Contact the outreach librarian.

Anoka Ramsey Community College (763) 433-1100

www.anokaramsey.edu For general information.

Anoka Technical College (763) 576-7710

www.anokatech.edu Develop the skills you need to get started on a career path in a supportive community. Anoka Tech offers low-cost tuition and a small campus with comfortable atmospheres, faculty experts & credentialed instructors that teach courses in more than 70 program areas. Please contact enrollment services for more information or email enrollmentservices@anokatech.edu.

English Learning Center (612) 874-9963

Serves adult (Ages 18+) immigrants and refugees. Offers ESL and citizenship classes online and in-person. Monday-Thursday mornings and evenings.

Family Caregiver Connection (763) 324-1608

www.anokacountymn.gov/655/Family-Caregive-Connection Provides educational opportunities to caregivers through support groups & community education events. Topics include: estate planning, self-care, medication management, positive aging, depression, coping with grief/loss & understanding memory loss.

Home Safety Check (763) 767-4003

www.sbmfire.org Provided to residents of Spring Lake Park, Mounds View, & Blaine by their fire departments. Includes free child safety seat checks by appointment, home safety surveys, fire extinguisher training, injury prevention program, and juvenile fire setting program. Provide CPR training for a small fee.

- Metro North Adult Basic Education** (763) 433-4200
www.metronorthabe.org Email: info@metronorthabe.org Offers free classes for adults including English as a Second Language (ESL), GED preparation, Minnesota State diploma, college entrance preparation, and basic reading, writing & math brush up. Classes offered at multiple locations with various schedules including morning and evening classes.
- Minneapolis Community & Technical College (MCTC)**..... (612) 659-6000
www.minneapolis.edu Power of YOU program offers recent graduates of Minneapolis or St. Paul public schools who are also residents of either city the chance to attend MCTC tuition free. Students who complete career programs at MCTC go on to find employment in a wide variety of professional & technical areas.
- Minnesota Safety Council** (651) 291-9150
www.minnesotasafetycouncil.org Workplace safety training.
- North Hennepin Community College**..... (763) 488-0391
www.nhcc.edu
- Pacer Center, Inc. (Parent Advocacy Coalition for Educational Rights)** 1-800-537-2237
General Number (952) 838-9000
www.pacer.org Provides information & training to parents in Minnesota who have children & young adults with disabilities. No fee.
- Parent Involvement** **Contact your local school**
 Each school district has funds designated to assist parents in helping their children be ready to learn, improve communication between home & school, expand parent volunteer opportunities, support parents as they help their children learn, and help parents share in the decision making at the school district & state level. Contact your local school's parent involvement coordinator or parent involvement committee.
- People Incorporated** (651) 774-0011
www.peopleincorporated.org Offers mental health therapy for individuals, groups, and families. Day treatment for 2nd - 12th Grade children with trauma, depression, anxiety, or severe emotional disturbances. Referrals required.
- Preschool Screening**..... **Contact your local school district**
 All children are required to have a preschool screening after they are 3 years old and before entering kindergarten. Contact your local school district to find out how to have your child screened.
- St. Paul College**..... (651) 846-1600
www.saintpaul.edu
- University of Minnesota Extension, Anoka County** (763) 324-3495
Answer Line (for household questions)..... 1-800-854-1678
www.extension.umn.edu/local/anoka Provides a variety of educational opportunities to county residents through 4-H Youth Development, the Master Gardener program, Youth Teaching Youth (offered through participating high schools), & the Natural Resources Field Trip (offered to elementary schools).
- University of Minnesota Information Line** (612) 625-5000

School District Offices

School Boards are made up of elected officials. Vote in school board elections!

District 11, Anoka-Hennepin	(763) 506-1000
www.ahschools.us 2727 North Ferry Street, Anoka 55303.	
District 12, Centennial	(763) 792-6000
www.isd12.org 4707 North Rd, Circle Pines 55014.	
District 13, Columbia Heights	(763) 528-4500
www.colheights.k12.mn.us 1440 49 th Ave NE, Columbia Heights 55421.	
District 14, Fridley.....	(763) 502-5000
www.fridley.k12.mn.us 6000 W Moore Lake Dr, Fridley 55432.	
District 15, St. Francis	(763) 753-7040
www.isd15.org 4115 Ambassador Blvd, St. Francis 55070.	
District 16, Spring Lake Park.....	(763) 600-5000
www.springlakeparkschools.org 1415 81 st Ave NE, Spring Lake Park 55432.	
District 831, Forest Lake.....	(651) 982-8100
www.flaschools.org 6100 N 210 th St, Forest Lake 55025.	
District 4049 (Charter School), Coon Rapids	(763) 862-9223
www.nwphs.org 11345 Robinson Drive NW, Coon Rapids 55433.	

Community Education Departments

The Community Education Departments offer informative classes on all kinds of topics for adults, youth, early childhood education, and more. Most classes are very inexpensive, and scholarships may be available. Call your school district to get a catalog.

District 11, Anoka-Hennepin, www.ahschools.us	(763) 506-1260
District 12, Centennial, www.isd12.org	(763) 792-6100
District 13, Columbia Heights, www.colheights.k12.mn.us	(763) 528-4517
District 14, Fridley, www.fridley.k12.mn.us	(763) 502-5143
District 15, St. Francis, www.isd15.org	(763) 753-7048
District 16, Spring Lake Park, www.springlakeparkschools.org	(763) 600-5050
District 831, Forest Lake, http://www.flaschools.org	(651) 982-8100

Community Education Departments Special Needs

The State Department assures the provision of mandatory Special Education Services.

District 11, Anoka-Hennepin, www.ahschools.us	(763) 506-1350
District 12, Centennial, www.isd12.org	(763) 792-6123
District 13, Columbia Heights, www.colheights.k12.mn.us	(763) 528-4540
District 14, Fridley, www.fridley.k12.mn.us	(763) 502-5024
District 15, St. Francis, www.isd15.org	(763) 753-7170
District 16, Spring Lake Park, www.springlakeparkschools.org	(763) 600-5000 or (763) 600-5900
District 831, Forest Lake, www.flaschools.org	(651) 982-8129

Project Power / Special Needs for Adults	(763) 506-1279
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Anoka-Hennepin District 11 Community Education Department. Community education for people with special needs, including access to existing community education programs for persons of 18+, and specialized programs for adults with disabilities.

Parenting / Child Development

Anoka County Children & Family Council (763) 324-1289
www.anokacountychildrenfamilycouncil.org Nurtures collaborative efforts by building bridges & networks between people and agencies who share a vision of a healthier community for children & families.

CAPE (Child & Parent Education) Centers (763) 506-1561
Provides childcare while student parents attend classes at their own schools. Transportation for child & parent is provided free for residents of Anoka-Hennepin School District 11. Students out of the district may be eligible but would need to provide their own transportation. Must attend school within District 11 to qualify. Serving young parents up to age 21. Programs include ECFE, Early Head Start, and parenting classes.

Early Childhood Family Education (ECFE)

Each school district offers many different fun & educational experiences for children ages birth to 5 & their families. Many programs also have “drop-in & play” opportunities for children & parents. Sliding fees.

District 11, Anoka-Hennepin ECFE (763) 506-1275
District 12, Centennial ECFE..... (763) 792-6120
District 13, Columbia Heights ECFE (763) 528-4518
District 14, Fridley ECFE..... (763) 502-5124
District 15, St. Francis ECFE..... (763) 753-7170
District 16, Spring Lake Park ECFE (763) 600-5900
District 831, Forest Lake ECFE (651) 982-8300

Early Childhood Special Education (ECSE)

District 11, Anoka-Hennepin ECSE (763) 433-4800
District 12, Centennial ECSE..... (763) 792-6120
District 13, Columbia Heights ECSE (763) 528-4540
District 14, Fridley ECSE..... (763) 502-5024
District 15, St. Francis ECSE..... (763) 753-7170
District 16, Spring Lake Park ECSE (763) 600-5900
District 831, Forest Lake ECSE (651) 982-8131

Jacob Wetterling Resource Center (651) 714-4673

Missing & Exploited Children Hotline 9:00am – 5:00pm 1-800-325-HOPE (1-800-325-4673)
www.jwrc.org. JWRC offers prevention education for children, parents, and youth-serving organizations. It also provides advocacy, support, and resources for families of the missing and exploited. JWRC’s sexual abuse prevention education curriculum, Empower Me! Has been rated by the Minnesota’s Children’s Alliance to be among the top 5 curriculums in the nation, delivering age-appropriate prevention curricula to older students, as well as increase public awareness of strategies for preventing child sexual abuse. Presents to parent groups, schools, faith-based communities, and other groups on the topics of internet safety, personal body safety for children, and the importance of coming together to advocate for children. Zero Abuse Project www.zeroabuseproject.org.

Minnesota State CAREERwise www.careerwise.minnstate.edu

Annual career exploration publications. Includes MN specific occupational details, assistance with making current and future career decisions. Sample copies can be found at CareerForce centers or local libraries.

Safe Kids Anoka County www.acsafekids.org

C/o Fire Departments, 11920 Ulysses St NE, Blaine 55434. Comprised of Anoka County Law Enforcement Agencies, Anoka Human Services, and Unity & Mercy Hospital personnel. Mission is to reduce unintentional injuries among children through the education of children and families. Provides free car seat inspections for Anoka County residents by appointment.

Small Talk..... **(612) 889-0780**

<https://ammarenting.com/> Sign language for you and your hearing baby. Babies hear and understand language before they are able to speak. Use baby sign language as a method to communicate with your baby. Using baby signs will enhance interaction with baby & help adults to understand what baby wants, as well as what baby is thinking. Email: smalltalksign@aol.com

Stop It Now! **Helpline 1-888-PREVENT (1-888-773-8368)**

www.stopitnow.org Confidential resource for anyone concerned about their own or another's sexualized thoughts or behaviors towards children. Call for support, resources, and referral. Call to learn what you can do to keep children safe or how to help a child who may have been harmed. Open Mon 12 -8 pm Tues/Wed/Fri 12-6 pm, Thurs 10 am – 6 pm EST. Online chats available from 12:15 pm - 5:30 pm.

What's OK? www.whatsok.org For youth and young adults between the ages of 14-23 who have questions about sexual behaviors toward other people. This is an online resource that also has text and chat available.

Teen Parenting Program **(763) 506-3200**

www.ahschools.us/domain/12421 A school-based program for pregnant girls offering regular scheduled classes plus extra classes to meet the needs of the teen-aged pregnant student. Transportation is provided for free to residents of Anoka-Hennepin School District 11. Also accepts teens from other school districts. (Also, see CAPE).